



NEWTOWN UNION HEALTH SERVICE

Have you had your measles (MMR) vaccination?

There have been confirmed cases of measles reported in New Zealand since April 2016

If you are between the ages of 10 – 29 years, please speak our nurse about being vaccinated

- Measles is highly contagious – and easily preventable
- It affects both children and adults
- **2 doses of the measles vaccine (MMR)** is all you need to protect yourself, your family and your community
- **Vaccination is particularly important if you are planning to travel anywhere overseas** – to protect yourself and to help prevent outbreaks in New Zealand